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PRESIDENT'S ADDRESS

By Debbie Peterson, RPR

Dear MAVRC Members,

TKPW PHORPBG, AFRPB or AOEFBPG (depending on when you're reading this)!

Thank you for allowing me another opportunity to serve as your President. It is an honor to be a part of this fantastic organization. I am looking forward to working with the board members and other dedicated members. I hope to inspire working reporters and to recruit new reporters to our great profession.

Thank you to the members that attended our fall convention. It is always a great networking opportunity for everyone. And a huge thank you to the Continuing Education Committee members for putting it all together. Eden Prairie was a great location!

Please consider reaching out to one of our board liaisons and serving on one of many committees. Board liaisons are listed on our website. MAVRC needs the help of all members to ensure the continuing success of our profession. There is a committee out there for each and every one of you!

Anoka Technical College is hosting a third A to Z Intro to Machine Shorthand session. If you are interested in participating in this class at Anoka Tech, or starting your own class in your own community, please let me know. A sincere thank you to Jennifer Sati for her dedication, commitment, and outstanding leadership for students entering the field



Debbie Peterson

of court reporting! You do an amazing job, Jennifer! Anoka Tech will also be hosting another Veteran's History Project event. Please look for details for an opportunity to participate in this fabulous project.

The official reporters and Teamsters 320 are in the middle of contract negotiations with State Court Administration. Thank you so much to all of the stewards statewide. Your hard work and dedication to official court reporters is very much appreciated!

THAEUPBGS TKPWEPB TPOR TH TWAOUPB ©! I am looking forward to a productive and successful year!

Debbie Peterson, RPR
2019-2020 MAVRC President
Prior Lake, Minnesota

2019-2020 MAVRC BOARD OF DIRECTORS

PRESIDENT	Debbie Peterson (952) 496-8223 debpeterson@nuveramail.net
PRESIDENT-ELECT	Laura Pelletier (763) 421-2025 ljpelletier@comcast.net
VICE PRESIDENT-OFFICIAL	Mary Johnson (952) 496-8219 pmijjohnson@gmail.com
VICE PRESIDENT-FREELANCE	Christine Clark (952) 250-4030 chrisclarkzimm@gmail.com
SECRETARY	Lynzie Zempel (218) 393-1975 lynzie.zempel@gmail.com
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DIRECTOR-AT-LARGE A (Official)	RandiAnn Harvey (320) 679-6407 randiannharvey@hotmail.com
DIRECTOR-AT-LARGE B (Freelance)	Deanna Oaks (858) 221-0383 oaksdeanna@gmail.com
DIRECTOR-AT-LARGE B (Official)	Sarah Anderson (763) 760-6783 sarah.l.anderson22134@gmail.com
IMMEDIATE PAST PRESIDENT	Brandi Bigalke (612) 708-2650 brandibigalke@yahoo.com
ADMINISTRATIVE ASSISTANT	Jolene Carrow (507) 532-0676 www.mavrc.org jcarrow_mavrc@hotmail.com

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PRO BONO

**Kudos to
Sydney
(Burch)Frost**

**for volunteering to
provide
pro bono services.**



*If you are interested
in providing pro bono
reporting services, contact:*

**Tammy Mathwig, RPR
MAVRC's Pro Bono
Coordinator**

Phone: 763-753-2287

tntmathwig@hotmail.com

RENEW YOUR 2020 MAVRC MEMBERSHIP

By Jolene Carrow

Have you renewed your MAVRC membership for 2020? Renewal forms are due by December 31, 2019, if you wish to take advantage of a \$20 discount in membership dues.

Please take the time to fill out the 2020 membership renewal form completely. MAVRC would like to keep your information current in its database. If your form is not filled out completely, MAVRC will be unable to communicate with you in a direct and timely manner. Email addresses change frequently, and by keeping MAVRC informed of your current email address, you will be able to receive News Flashes that are sent to MAVRC members. If you change your home address, MAVRC needs to have

your change of address so you can continue to receive mailings. If you switch jobs or change employers, MAVRC would like to have that information in its database to be better able to serve its members. There are times when MAVRC needs to notify its members on short notice of changes in the profession that could affect your job; and this can only be done in a direct, timely, and efficient manner if your current information is in MAVRC's database.

If you need a membership renewal form, the form is now available online on the MAVRC website, www.mavrc.org, or you can contact Administrative Assistant Jolene Carrow at (507) 532-0676. MAVRC

is your professional association. With your help and support, this organization functions. Encourage your colleagues to take a look at our website and become a member this year.

Throughout the coming year, if any of your information changes, please notify MAVRC so you can continue to receive all the benefits of being a MAVRC member. By taking the time to fill out the membership renewal form completely and returning it by December 31, 2019, you will take advantage of the full member benefits.

Jolene Carrow is the administrative assistant for MAVRC and is a freelance reporter from Marshall, Minnesota. ■



NEW NCRA CERTIFICATIONS FOR MINNESOTA REPORTERS

Congratulations

TO OUR NEWLY CERTIFIED MEMBERS!

NEWLY CERTIFIED REPORTERS (As of November 1, 2019)

Congratulations to **Nancy Meyer, RMR, CRR**, Apple Valley, Minnesota, who recently passed the RMR (Registered Merit Reporter) certification; and **Deanna Oaks, RPR**, Minneapolis, MN, who recently passed the RPR (Registered Professional Reporter) certification!

2019-2020 MAVRC BOARD OF DIRECTORS

The following reporters were elected as directors and officers to the MAVRC Board of Directors for 2019 – 2020:



(L to R) Adrienne Conzemius, Treasurer; Debbie Peterson, President; Brandi Bigalke, Past President; Laura Pelletier, President-Elect; Sarah Anderson, Director-at-Large B (Official); RandiAnn Harvey, Director-at-Large A (Official); Lynzie Zempel, Secretary; Deanna Oaks, Director-at-Large B (Freelance); Chris Clark, Vice President - Freelance. Missing from picture are Mary Johnson, Vice President - Official; and Tammy Mathwig, Director-at-Large A (Freelance).

President

Debbie Peterson
952-496-8223
debpeterson@nuveramail.net

President-Elect

Laura Pelletier
763-421-2025
lpelletier@comcast.net

Immediate Past President

Brandi Bigalke
612-708-2650
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Vice President-Freelance

Christine Clark
952-250-4030
chrisclarkzimm@gmail.com

Vice President-Official

Mary Johnson
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pmjjjohnson@gmail.com

Treasurer

Adrienne Conzemius
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conzemius1012@gmail.com

Secretary

Lynzie Zempel
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lynzie.zempel@gmail.com

Director-at-Large A (Official)

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Director-at-Large A (Freelance)

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Director-at-Large B (Official)

Sarah Anderson
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sarah.l.anderson22134@gmail.com

Director-at-Large B (Freelance)

Deanna Oaks
858-221-0383
oaksdeanna@gmail.com

BE THE PERSON TO MAKE A DIFFERENCE

Help MAVRC make a positive impact and volunteer for one of the following committees:

AUDITING COMMITTEE

Board Liaison: Brandi Bigalke
brandibigalke@yahoo.com
Works with the treasurer in reviewing the financial records of the Association.

CART/CLOSED CAPTIONING

Board Liaison: Mary Johnson
pmjjjohnson@gmail.com
Handles issues affecting CART providers and broadcast captioners.

CAREER ADVANCEMENT

Board Liaison: RandiAnn Harvey
randiannharvey@hotmail.com
Assists in the coordination and facilitation of the various NCRA certifications.

CONSTITUTION AND BYLAWS

Board Liaison: Deanna Oaks
oaksdeanna@gmail.com
Reviews and suggests necessary changes to the bylaws of the Association.

CONTINUING EDUCATION

Board Liaison: Debbie Peterson
debpeterson@nuveramail.net
Helps plan educational seminars and/or educational opportunities for reporters and students.

ETHICS COMMITTEE

Board Liaison: Laura Pelletier
lpelletier@comcast.net
Helps promote and monitors ethics among court reporters.

FREELANCE COMMITTEE

Board Liaison: Laura Pelletier
lpelletier@comcast.net
Deals with issues affecting court reporters in the freelance field.

FUNDRAISING COMMITTEE

Board Liaison: Lynzie Zempel
lynzie.zempel@gmail.com
Helps raise funds for the Association.

LEGISLATIVE/GOVERNMENT AFFAIRS

Board Liaison: Laura Pelletier
lpelletier@comcast.net
Acts as a liaison on behalf of both official and freelance reporters with the state legislature, judicial districts, SCA's Office, and others.

MEMBERSHIP COMMITTEE

Board Liaison: Christine Clark
chrisclarkzimm@gmail.com
Works to increase the membership of the Association and assists in developing an annual membership directory.

OFFICIAL COMMITTEE

Board Liaison: Mary Johnson
pmjjjohnson@gmail.com
Deals with issues affecting official court reporters.

PRO BONO COMMITTEE

Board Liaison: Tammy Mathwig
tntmathwig@hotmail.com
Facilitates court reporting services to low-income people..

PUBLICATIONS COMMITTEE

Board Liaison: Deanna Oaks
oaksdeanna@gmail.com
Prepares and issues the official publication of the Association.

PUBLIC RELATIONS

Board Liaison: Lynzie Zempel
lynzie.zempel@gmail.com
Represents MAVRC in forming relations with legal associations to further the interests of the Association.

STUDENT INTERNSHIPS/SCHOOL LIAISON

Board Liaisons: Debbie Peterson
debpeterson@nuveramail.net
Assists with student internships and administers a mentoring program.

TECHNOLOGY COMMITTEE

Board Liaison: Mary Johnson
pmjjjohnson@gmail.com
Stays abreast of technological advances in the court reporting field.

THANK YOU, OUTGOING BOARD MEMBERS!

By Jackie Young, RPR, DSA

MAVRC would like to thank the following reporters for their service on the MAVRC Board of Directors:

Sandy Burch, President-Elect, President, Immediate Past President

Leslie Carver, Director-at-Large B (Freelance)

Dana Anderson-Linnell, Secretary (4 terms)

Merilee Johnson, Director-at-Large B (Freelance) (2 terms)

Lynne Krenz, Vice President (Official)

Merilee Johnson



Sandy Burch



Dana Anderson-Linnell



Leslie Carver



Lynne Krenz



THANK YOU!

Nanette Corbett



Thanks, Nan, for your many years of serving as a member of MAVRC's Publications Committee. Your many hours of service for each edition of MINNE-strokes is appreciated!

Jean Whalen



A big Thank You to you, Jean, for your service as the pro bono coordinator for MAVRC's pro bono program. Your commitment to MAVRC and the public has been invaluable over the years.

WELL WISHES!

Everyone from MAVRC sends well wishes to Jane Schleusner, Anoka Tech court reporting instructor, for a speedy recovery.

And lots of love from the Anoka tech program!

**MAVRC'S
BOARD OF DIRECTORS
WISHES YOU A SAFE AND HAPPY
HOLIDAY SEASON**

PROFILE OF A BOARD MEMBER

By Christine Clark, RPR

MAVRC Q: What is your name?

A: Christine Clark.

MAVRC Q: Where did you go to court reporting school, and when did you graduate?

A: Ferris State University, Michigan, 1995.

MAVRC Q: Are there any particular people who have influenced you in choosing court reporting as a career or helping you during your career?

A: My sister was a court reporter for 10 years, and I had a different career and was going to school in an unrelated field. Also, my mom would scope a lot of jobs because she had a strong English and medical terminology background. So it was a family influence. As I was going to school for court reporting, my sister was leaving the industry. She gave me all of her equipment, which was a huge help. She later became a registered nurse.

My instructors at college were really good, especially Ms. Cooper.

James Fritzier, who I worked for out of Saginaw, was my first freelance court reporting agency experience. His company was called Tri-City Court Reporters. I could not have asked for a better mentor. He was so down to earth and nice and a really amazing reporter who cared about his work. He was a strong influence. I still remember and use today his extra tips.

There were so many nice and just really hard-working reporters along the way who have helped me out and continue to help. People who are not reporters but who are in the industry; firm owners, managers, scopists, production, etcetera.

MAVRC Q: Where have you worked since graduating, and what type of work do you do now?

A: I've always freelanced and filled in for court and did grand jury for a while in New Jersey. I started freelancing in Michigan and then New Jersey and then Minnesota.

MAVRC Q: What type of steno machine and court reporting software do you use?

A: Luminex, Case CATalyst.

MAVRC Q: Do you produce your work all on your own, or do you use scopists or proofreaders?

A: I sometimes use scopists. One firm I worked with had an in-house scopist. We would hand in jobs early, and she would scope for us. Now I sometimes use scopists. I really like the RealTeam. It's so nice to have a second or third, etcetera, pair of eyes with me when I'm writing on a job.

MAVRC Q: Do you have any tips for other reporters about work habits or routines?

A: I'm not the best person to ask this question. I need to work on time-management skills. I do practice my writing for speed and accuracy.

MAVRC Q: Do you have a few favorite briefs to share?

A: OBL for obviously and AEB for absolutely and BAES for basically; 1*D for LinkedIn; PRO/PRAOEURT for proprietary; PRAOEURT for priority; TRAURBL for traditional; lots of briefs for three-or-four word phrases.

MAVRC Q: Are you a member of the National Court Reporters Association? If so, what credentials have you earned through NCRA and how do you earn your continuing education credits?

A: Yes. RPR. I go to state conventions and do online credits. I went to an Anoka realtime course some years ago and earned credits that way. That's a really exceptional class. Also, there's a one-on-one instructor online who teaches you how to write cleaner that I've used before, and I've gotten credits that way.

MAVRC Q: Have you attended any NCRA conventions, boot camps, seminars? If so, how was that experience for you and would you recommend it to other reporters?

A: It's been a long time since I've attended a convention, but I would recommend NCRA conventions.

MAVRC Q: Do you recall when you joined MAVRC or approximately how long you've been a member?

A: Around 2009. I can't remember.

MAVRC Q: When did you become a board member of MAVRC, and when does your current term end?

A: Just recently I became a board member.

MAVRC Q: How often does the board meet, and do you meet in person or somehow electronically?

A: I just attended my first meeting in person and will meet every two months.

MAVRC Q: Have you helped out or supported MAVRC by volunteering in any other positions in the past or volunteered your time for MAVRC in other ways?

A: I've taken pro bono jobs in the past. Being brand new to the board, I look forward to doing more volunteering.

MAVRC Q: On a more personal note, what's your hometown and where do you live now?

A: I grew up in Michigan. I live in Chanhassen.

MAVRC Q: Tell us about your family and friends, activities you do with them, your interests outside of work.

A: I have three kids; middle school, high school, and college. I enjoy going to the activities they're in. I have a very large extended family who I don't get to see as much as I'd like. So we travel to see family because they're spread out across the country. We go camping some. I like hiking. I love vacations!

MAVRC Q: Some other questions about what you do in your free time: What's a recent movie you watched, a recent book you've read, a favorite restaurant?

A: I did join a book club. My favorite books are by Mary Higgins Clark, but we don't read her in the book club. My last movie was a Spiderman movie, Far From Home. I just went to a Youth In Music competition at U.S. Bank Stadium in Minneapolis. This is a marching band competition that's held every October for high schoolers. One of my kids is in marching band, and marching band season is a very busy time for the kids and their families.

MAVRC Q: Any places you've traveled to, either for work or play?

A: One of my favorite places is the Outer Banks, North Carolina. I love the ocean.

MAVRC Q: How do you balance your work and your home life?

A: That's a hard question to answer. I just do the best I can. It's good to have family and friends who help out.

MAVRC Q: Anything else you'd like to tell us about yourself?

A: I've been freelancing in Minnesota since 2007 and really enjoy the work and the state. I also have some family here, which is nice, aunt, uncle, cousins, and now a nephew. ■

IMPLIED CONSENT BRIEF FORMS

Submitted by First Judicial District Reporters

air blank	YAIRB (air=YAIR)
alcohol beverage	KHOB
alcohol beverages	KHOBZ
alcoholic	KHOK
alcohol concentration	KHA*IGS or KHAIGS
AlcoSensor	A-Z
BCA	BA*KZ
(Bureau of Criminal Apprehension)	
BAC	BA*K
blood alcohol	BLAOL
blood alcohol content	BLAONT
blood alcohol level	BLAOFI
bloodshot	BLOT
bloodshot, watery eyes	BLAOIZ
blood test	BLAOT
breathalyzer	B-Z or B*Z
breath sample	BLAOS
breath test	BRETS
Burr (expert witness)	B*UR
calibration	KPWRAIGS
DABACABA	DAB/KAB
(Diagnostics, air blanks, analysis, control, air blanks, analysis)	
DataMaster	DAEMT or DA*MT
DMT	D*MT
driving under the influence	DRUFL
driving while under the influence	DRIFL
field sobriety test	FREFT
field sobriety tests	FREFTS
forensic	FRIK
forensic scientist	FRIKT
fuel cell	FAOUK or FAO*UK
horizontal gaze nystagmus	HORGS, HA*IZ, HAIGZ or HO*
impairment	KPWAIMT
implied consent	PLINT or PLAIOK
implied consent advisory	PLINZ, PLAIOKZ, PLIRNT or PL*IKZ

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MAVRC Mission Statement

The mission of MAVRC is to promote the use of stenographic reporters to capture the record in depositions and courtrooms and to provide closed captioning and CART services.

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infrared	FRA*ED
law enforcement	LAUFRT or LAUFMT
law enforcement officer	LAUFR
margin of error	MEF
Miranda	MIRD
Mirandize	MIRDZ
nystagmus	NAUGS or N*Z
peace officer	PAUFR or PAEFR
police station	PLAIGS
police report	PLORT
PBT	P*BT
(preliminary blood test)	
reasonable, articulable suspicion	RARTS
source code	S-K
squad video	SKWAO
under the influence	UFLS or FLAOUN
video	VAO
videotape	VAOT
videotaped	VAOPD
videotaping	VAOPG
walk-and-turn	WURN
westbound	WEB, W-B or W-BD

MAVRC welcomes
your brief forms
to publish in our
newsletter.

Please forward to
MINNE-strokes
Editor
Rhonda Franken
at
[rhonda.franken@
courts.state.mn.us](mailto:rhonda.franken@courts.state.mn.us)

MAVRC is looking for your input...

What would you like to see in future issues of MINNE-strokes?

Do you have brief forms to share?

Do you know someone who has gone above and beyond in the reporting profession and should be featured in MINNE-strokes?

Do you have a topic that interests you and you would like to see an article written about this topic?

Do you know a reporter who has humorous stories and would like to share them with the membership?

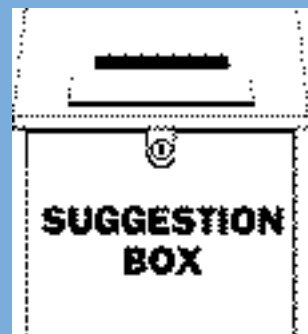
Do you know a judge or a lawyer who would like to write an article for MAVRC's MINNE-strokes?

Are you willing to write an article?

Please send your suggestions to:

MAVRC
PO Box 375
Marshall, MN 56258

or rhonda.franken@courts.state.mn.us



PUNCTUATION TIP OF THE WEEK

(As given by Margie Wakeman Wells at the NCRA National Convention in August)

By Rhonda Franken, RMR

When someone uses “like” or “you know” over and over, that word or phrase is surrounded by commas (even though it seems a bit excessive).

When words like “right,” “okay,” or “do you know what I mean” are thrown in throughout statements, answers, etcetera, they are no longer really asking a question. Those words or phrases should be surrounded by commas as throwaways, as the real intent of asking a question is not really present. It’s one of those “you have to be there” to know it’s truly not a question.

Example: THE COURT: But now you are going to be on probation, right, and you’ve got that list, you should have gone over this list of things to do while you’re on probation.

WHICH WORD?

Assure, ensure, insure?

If you’re questioning whether you’re hearing “assure,” “ensure” or “insure,” here’s some points of clarification: All three words share an element of “making an outcome sure.” However, rather than using them interchangeably, there’s some unique aspects of each word.

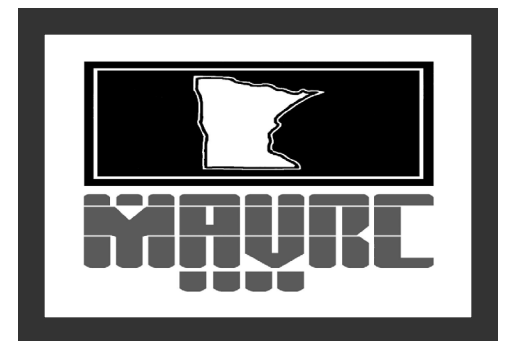
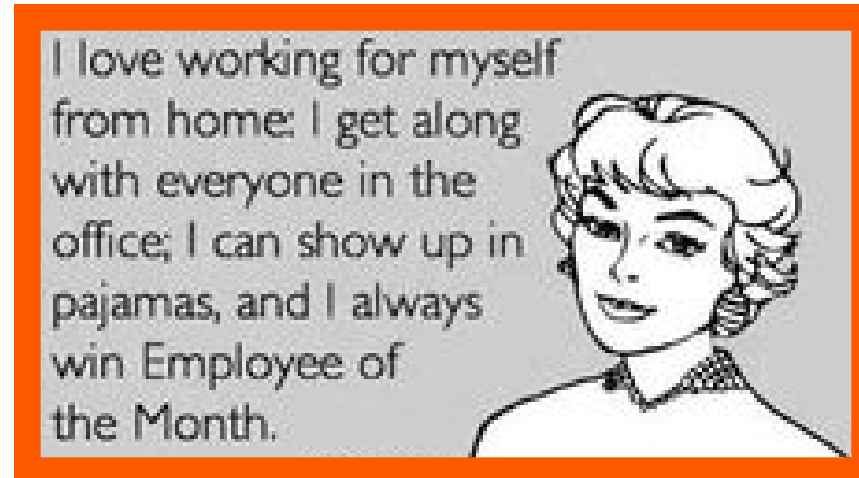
Assure is to promise or say with confidence. It is more about saying than doing. Example: I can assure you that we will be there on time.

Ensure is to do or have what is necessary for success. Example: He double-checked the stove to ensure it was off before leaving on vacation.

Insure is to cover with an insurance policy. Example: I will insure my car as required by law.

Rhonda Franken is an official court reporter for the First Judicial District.

If you have any punctuation tips you would like to share, please submit them to Jolene Carrow at Jolene.Carrow@gmail.com.



HELPFUL TOOLS AND TRICKS FOR PASSING THE CRR (CERTIFIED REALTIME REPORTER) EXAM

(As given by Kathryn Sweeney (CSR, RPR, CRR) at the NCRA National Convention in Denver, CO, August 14, 2019)

By Rhonda Franken, RMR

Having taken the CRR Boot Camp online as well as attended the Boot Camp at the NCRA National Convention in August, here's some tips I've gathered on taking the CRR exam, if any MAVRC members are contemplating taking the CRR exam in the future as I am.

Errors in translation:

You have to pass a five-minute realtime testimony/Q&A at 200 wpm with 96 percent accuracy. Up to 40 errors allowed. The translation of the test is usually eight or nine pages in length.

Examples of some things included in what is an error:

Obvious omitted commas such as between state and city or year and date.

Zero through nine should be in words except for: Time, 5 o'clock; address, 7 Summer Street; and money, \$2. 10/ten, just be consistent with one or the other. Ages can be either in word or number format, just be consistent.

Of course any untranslates, mistranslations, misspellings, and names not capitalized are errors. Added words would be errors. Conflicts displayed in brackets shown would be errors.

Contractions – one error if it's "do not" instead of "don't," for example.

Omitted apostrophes that designate possession. Example: Cats food rather than cat's food.

Each incorrect number or money figure represented by a word. Example: June

two, two thousand nineteen.

Also errors: Stacking, transpositions, or omitted words.

Not included as errors:

Use of the word "dollars" instead of the \$ symbol; use of the word "percent" instead of the % sign; omitted sets of quotation marks or parentheses; a word that does not translate but forms the correct English word, such as HUB for hub.

***The reasoning behind HUB/hub not being an error: It is recommended to do the testing translation in ALL CAPS, which can be changed in your software translation options.

***It's also recommended to get rid of all conflicts, which can also be accomplished through translation options.

To get a more comprehensive list of the above, go to the NCRA website/Certifications/CRR, and then click on the link "What is an Error?"

Settings:

No AudioSync, no wireless connections, and again use "Capitalize All Text" in your translate options.

Tips before test day: Read all test materials provided by NCRA. Trim your nails. Practice, practice, practice. Define all untranslates during day-to-day assignments/sessions. Write realtime all the time. Chunk define mistranslates such as TOEL/U as

"told you." Use the Brief It option in your software to suggest briefs for common words and phrases.

Sites such as Realtime Coach, Stenographer's World, or Magnum Steno are recommended to help prepare for the testing. And, as previously mentioned, NCRA offers a CRR boot camp online, which is very helpful to prepare for the test, for a nominal fee. Additionally, there are practice tests online.

Some tips on what to do on test day:

Read all materials from NCRA again.

Gather power cords and adapters, an extension cord and power strip, if necessary, a realtime cable since you cannot have wireless connections, headphones, and a new diskette. You can purchase a webcam for approximately \$7, which you will need to purchase for your computer, since the testing is done at your desk computer at home or office. It plugs into the computer and the camera moves around to check on you. Placement of the webcam can be somewhat stressful for some test takers, so it's recommended to practice that in addition to practicing for the test itself. You will need your driver's license for verification on the webcam.

Spellings of names are provided prior to the testing. DON'T FORGET TO BREATHE DURING THE TEST!

Rhonda Franken is an official court reporter for the First Judicial District.

If you have any tools or tricks you would like to share, please submit them to Jolene Carrow at Jolene.Carrow@gmail.com.

2019 MAVRC SILENT AUCTION

A huge thank you to everyone who donated and bid on this year's silent auction.

Your generosity made it a great success!

1 st District Reporters	Garden Basket	Monica Christensen	\$30.00
1 st District Reporters	Dog Basket	Jackie Young	\$70.00
1 st District Reporters	Wine Basket/Stress Relief Basket	Becky Berhow	\$90.00
7 th District Reporters	Fall Spa Basket	Judy Wunderlich	\$60.00
10 th District Reporters	Vikings Collapsible Wagon & Stuff	Mary Krawiecki	\$75.00
Benchmark	Amazon \$100 Gift Card	Deanna Oaks	\$76.00
Benchmark	Amazon \$100 Gift Card	Judy Wunderlich	\$80.00
Benchmark	Thymes Basket	Lisa Knisley	\$75.00
Brandi Bigalke	iRoller	Lisa Richardson	\$30.00
Brandi Bigalke	iRoller	Jackie Young	\$30.00
Federal Court Reporters	Starbuck's \$15 Gift Card	Lori Morrow	\$7.00
Federal Court Reporters	LMX Keyboard Tray	Anoka Tech	Donated
Karen Macaulay	Lash Boost	Kim Julius	\$80.00
Caroline Nyberg	Steno/Medical Books	Anoka Tech	Donated
Lisa Richardson	Wine & Glasses	Sherlyn Anderson	\$90.00
Spalon Montage	Spa Basket	Laura Pelletier	\$50.00
Stenograph	Savarna Leather Tote	Kathy Columbus	\$90.00
Veritext	Vikings Tickets	Darla Mustar	\$350.00

* * * * *

MAVRC would like to thank the following who sponsored students to attend the fall convention:

Merilee Johnson
Lisa Richardson
Ryan Ziegler

* * * * *



50/50 Raffle Winner



Congratulations to Victoria Dudeck for winning this year's 50/50 raffle!

MAVRC 2019 FALL CONVENTION RECAP

By Jackie Young, RPR, DSA

One of the primary purposes for MAVRC's spring seminars and fall conventions revolves around educating its members on strategies and tools they can implement to improve their job performance. In turn, this education leads to success and enhanced efficiency. Continuing education in one's career is probably the most important investment someone can make in their future. To that end, a number of reporters headed to Eden Prairie to participate in MAVRC's 2019 Fall Convention on Saturday, September 7th.

The first session provided a number of helpful tips on realtime hookups and troubleshooting glitches that can and do arise when you are on the job. Participating on the panel were veteran realtime reporters Brandi Bigalke, RandiAnn Harvey, Jennifer Sati, Sharon Steinbrecher, and Lisa Richardson. Each reporter provided an overview of their software and hardware system that they use as well as how they typically connect to attorneys' and/or their judge's laptops.

The two main types of realtime connection software used are Bridge Mobile, offered by Eclipse, and CaseViewNet, offered by Stenograph. Bridge Mobile consists of two components: Bridge Broadcaster for reporters and the Bridge Mobile Viewer for attorneys. The Bridge Broadcaster lets you stream realtime to unlimited clients locally and in the Cloud. It is compatible with all CAT software and realtime viewers. With CaseViewNet, you use a wireless router to send your realtime text to attorneys, judges, and litigants in the same room as well as in the Cloud. Both programs provide a number of features for the reporter and the attorneys, including the ability to update or refresh your entire realtime transcript and secure encryption.

For those reporters who provide captioning services or realtime text streaming, two go-to programs are StreamText or 1CapApp, which is easier to use for first-time users. Typical applications of these programs are to provide CART, live streaming of meetings, or church services. Use of these programs allows the reporter's text to be sent anywhere in the world.

The second session of the day covered the Veterans Defense Project. Minneapolis Attorney Brock Hunter provided a detailed overview of the establishment of Veterans' Treatment Centers in Minnesota and the steps they have taken to help veterans deal with legal issues. The mission of the Veterans Defense Project is to expand and improve the way Minnesota's criminal courts deal with troubled veterans by helping them understand the nature of combat trauma and its ties to criminal behavior.

Through the years the number of veterans entering the criminal courts in Minnesota and across the country has been escalating to the point where it is now a public health and public safety threat. To give some insight into the number of veterans suffering psychological injuries, Mr. Hunter provided some statistics that clearly demonstrated the gravity of the situation. Of the 3 million Americans who served in Vietnam, 1 to 1.5 million of those have suffered some type of psychological injury, with approximately half of those veterans having some form of contact with the criminal justice system and hundreds of thousands of those ending up either incarcerated, homeless, or addicted. While around 58,000 Americans lost their lives during the Vietnam War, more than 150,000 veterans have committed suicide after the war.

When you add in the approximately 3 million Americans that have served in the Iraq and Afghanistan wars, you have over a million veterans just from those two wars who are suffering from PTSD or a traumatic brain injury. The suicide rate among these veterans is one suicide per day for active forces, and overall 20 veterans commit suicide per day.

The reasons contributing to this dire situation are the fact that 94 percent of the troops have experienced incoming

small arms fire during one tour, 48 percent that have killed an enemy combatant, 51 percent that have had to handle human remains, and 28 percent that were responsible for the death of a noncombatant. Unfortunately, many of our troops have served in more than one tour of duty, which has only exacerbated the problem exponentially.

PTSD was first recognized in Europe during the 17th Century, but it has only been recognized as a national crisis here in the United States in the past couple of decades. To help combat this problem, the United States Armed Forces is now requiring two to three weeks of participation in a program called Peer-to-Peer Time following a tour of combat. This program allows them to slowly acclimate themselves back into society and gives them the opportunity to discuss with their peers some of their experiences and how best to deal with them. The military is also attempting to screen and treat for PTSD on the battlefield, as well as expanding treatment capacity for veterans suffering from psychological injuries. The biggest challenge in treating veterans is often convincing them to get help because they often will fear a loss of respect among their peers, the potential loss of their security clearance, survivor's guilt, and a general distrust of the government that sent them to war.

In an effort to help, the Veterans Defense Project provides the courts with a structured treatment or rehabilitation plan for each veteran. Veterans are either referred to the court or they can enroll voluntarily. The courts are an intensive approach that holds veterans accountable while providing the mental health therapy, housing, and training they need to rebuild their lives. The Veterans Defense Project has also helped pass legislation in Minnesota to encourage courts to consider military service when sentencing and to look at other alternative options, such as mentor programs. Overall the treatment courts provide veterans with stability, sobriety, a second chance, and life-changing help. Opportunities to contribute financially to this worthy cause can be found on the Veterans Defense Project website.

Next up for the attendees was a delicious salad luncheon and MAVRC's annual business meeting. During the meeting the new board was installed by Jennifer Sati, and Amanda Leitzke was presented with the 2019 Willard I. Braun Student-of-the-Year Award. New to the board this year are Christine Clark, Lynzie Zempel, Deanna Oaks, Sarah Anderson, and Mary Johnson.

Following the annual business meeting, each reporter had the opportunity to participate in either Case CATalyst training, Eclipse training, or a roundtable discussion on transcript production. Leading the discussion on the latest new features within Case CATalyst was Merilee Johnson, freelance reporter.

An exciting new feature recently introduced by Stenograph is RealTeam, which is a simultaneous editing feature. It allows the sharing of text and audio in realtime by the RealTeam participants. A reporter can be writing and translating in realtime while one or more scopists edit and/or proofread the same file or two or more scopists can work simultaneously on the same file. This feature allows a reporter to have most, if not all, of their editing complete by the end of the proceeding, which is guaranteed to impress your clients!

Other new features to Case CATalyst include Recently Saved Files, Search in Brief It Pane, retention of locked clipboard items, and Opus Audio Code, which provides superior audio recording quality at a fraction of a Wav file size, and much, much more! Taking the time to learn some of these new features is well worth the effort as it can help speed up your transcript production and make you a top-notch reporter!

Overall, MAVRC's 2019 Convention was a huge success, and many reporters walked away with a greater knowledge base on the best and easiest ways to provide realtime. And let's not forget about the camaraderie among reporters that is strengthened and the friendships that are developed, which one could easily argue is the best part of attending!

Jackie Young is a freelance reporter from Delano, Minnesota, and a member of MAVRC's Publication Committee. ■

MAVRC 2019 FALL CONVENTION RECAP

ECLIPSE TRAINING SESSION WITH BRENDA ROGERS FISCUS

By RandiAnn Harvey, RDR, CRR, CRC, AE

- Use Edit, Macros, Record to create macros and assign an unused keystroke combination.
- Under Window, View Toggles, Hot Keys: Make sure it's check-marked if you are still learning Hyperkeys. Uncheck it if you know them well so your screen is less cluttered.
- Under Window, View Toggles – Change Delay time to 100 and display will change more rapidly.
- Connection Magic – Scopist is different color than reporter. Prevents synching issues. Reporter and scopist should not edit in the same paragraph.
- HyperKeys W is suffixes. Many there already; but you can define letters J, K, Q, V, W, and X to be customized suffix endings.
- When having a dictionary open, you can adjust the “created” date view so that just the date shows and not the time too. To do that, you right click, then click Display, click Date/Time Format, and next to Preset formats click “A Date with / symbol: %m/%d/%y.”
- Under User Settings, change Display, Page Boundaries to Compact so that you can see the page number on each page as you edit.
- Use colors for speakers: F2, double click on speaker, and click “color” to assign colors to each speaker. If you would like your color choices to be permanent, before opening a job go to User Settings (Alt+U), Translate, and the Speaker List. Change the colors. Save your settings.
- Comment lines in dictionary entries can help you choose the correct word easier. For instance, effect and affect. Let's say you write them as FEKT, and your dictionary entry is a conflict entry like \effect\ affect, in the “Comment” line you can put something like this to help you remember which to choose: “Effect: n. result; impression; v. to bring about. Affect: v. to influence, change, assume.” Then if you have “Dictionary entries” checked under “Notobar Options” (right click on steno notes), you will see those comments as you are editing.
- Fascinating feature of Eclipse is the ability to output a realtime feed in many, many different languages. And supposedly it is pretty accurate, but you have to change your Flush word delay to 10,000 under Output format so the translations will be more accurate.
- During RT or editing, if you see an underlined word and it is correct, you can remove the proofreading underline by having the cursor on the underlined word and pressing ESC.
- Your display font can be changed to whatever font you like. Might be easier on the eyes to change.
- Use arrow keys to move through the tabs in the User Settings.

The time we had in the session seemed to go quite fast, and the topic jumped around quite a bit. The trainer did not touch on this; but I wanted to remind users that if you are looking to just improve your Eclipse skills, go through the Eclipse Documentation located under either Help or Support (depending on version), and you will find a lot of useful information there. Also, try out the Visualizers as they show you step by step how to do something.

RandiAnn Harvey is an official reporter in Mora, Minnesota.

MAVRC 2019 FALL CONVENTION RECAP

LEGISLATIVE UPDATE

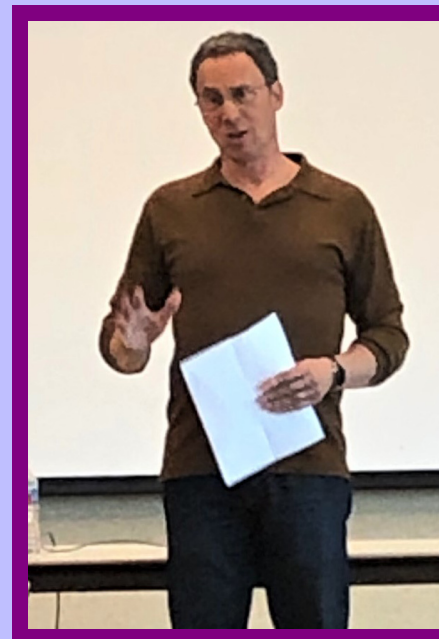
By Crystal Joos

Senator Ron Latz came in lieu of MAVRC Lobbyist Joel Carlson and so he did not have as specific of a run-down for how the changes would impact reporters. Here are the topics he mentioned from the last legislative budget meeting in the spring:

- \$548 million was taken out of the reserve fund;
- Special session was held to hang onto provider tax;
- Two percent was added to education funding with a projected increase in special education;
- Insulin funding fell apart, but the policy end was figured out;
- Ban on conversion therapy was not passed, but it was closer than expected;
- Opioid bill passed with pharmaceutical manufacturers paying part;
- \$542 million given to insurance companies to keep premiums down;
- Bill for paid family and medical leave was not passed;
- Transportation funding only to maintain status quo, not investing in transit systems or improving infrastructure;
- Bill not passed to require background checks in gun sales between friends and neighbors;
- Task force funded to investigate missing and murdered indigenous women;
- Two percent increase across the board for the judicial system;
- And a bonding bill not passed to fund renovations on public buildings.

A reporter asked Senator Latz about the contracting bill that would lump officials and freelancers together. He responded that nothing has happened yet with it, but Joel would know more details on that.

Crystal Joos is a reporting student at Anoka Tech and serves on MAVRC's Publications Committee. ■

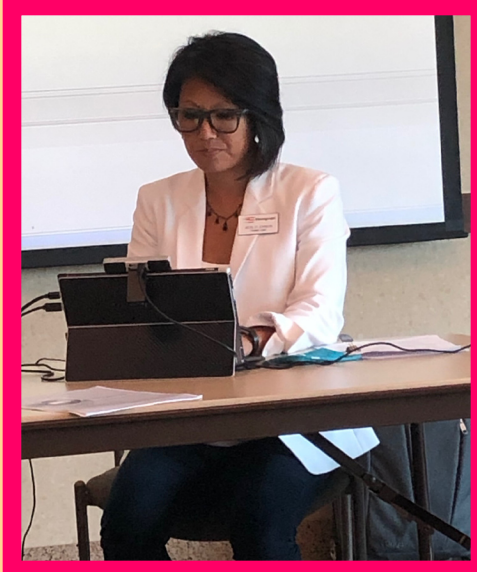


Senator Ronald Latz



Reporters mingling during a break

MAVRC 2019 FALL CONVENTION SNAPSHOTS



Merilee Johnson shared her Case CATalyst knowledge with attendees at the afternoon training session



(L to R) President Debbie Peterson and Past President Brandi Bigalke



(L to R) Jennifer Sati, Brandi Bigalke, RandiAnn Harvey and Lisa Richardson led a session for attendees passing along tips to get realtime equipment up and running smoothly.



The MAVRC Committee sold reporter totes at the convention



Reporters gathered for dinner Friday evening before the convention. (L to R) Ruth Schroeder, Mary Krawiecki, Jean Stewart, Jackie Young, Judy Wunderlich and Jolene Carrow

MAVRC 2019 FALL CONVENTION SNAPSHOTS



MAVRC's Fundraising Committee members (L to R) Judy Wunderlich, Leslie Carver and Lynzie Zempel



Stenograph representative Karen Wolson was present at the convention demonstrating the new Luminex II.



Greg Cosgrove and Ryan Ziegler listening at the Eclipse sessions



Attendees at the 2019 MAVRC Fall Convention

MAVRC 2019 FALL CONVENTION SNAPSHOTS



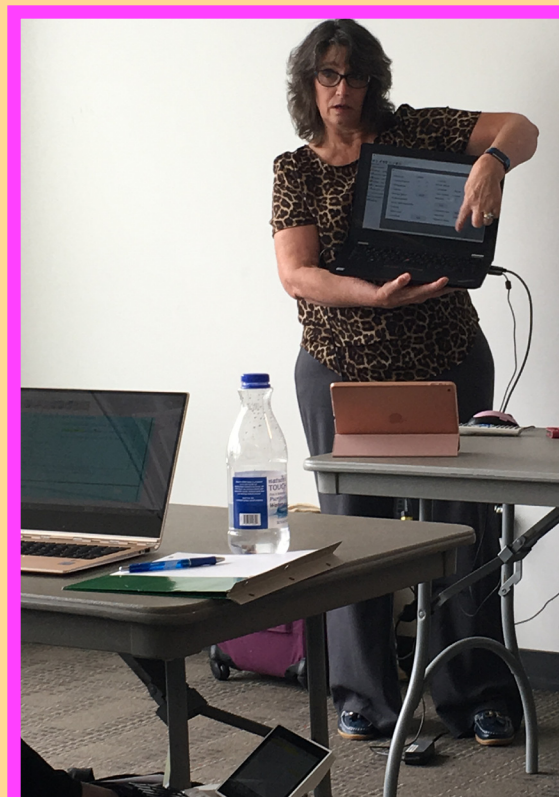
Leo Worth cleaned and serviced steno machines for reporters at the fall convention.



Brandi Bigalke proudly displaying a plaque for serving on the MAVRC Board of Directors as President



Janice Young, Lori Morrow and Lisa Richardson were in attendance at the Eclipse training session.



Eclipse trainer Brenda Rogers Fiscus

MAVRC 2019 FALL CONVENTION SNAPSHOTS



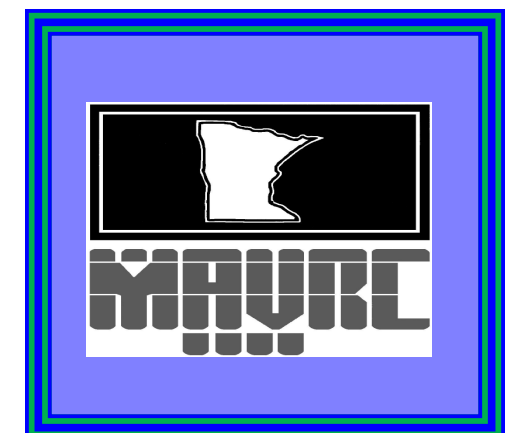
(Left) Reporters at the Case CATalyst training heard what is the latest and greatest with their software.



Student of the Year Amanda Leitzke



RandiAnn Harvey and Sharon Steinbrecher were two of the presenters for the Realtime Hookups and Troubleshooting Session



WILLARD I. BRAUN OUTSTANDING STUDENT OF THE YEAR AWARD

By Jennifer Sati, RMR, CRR, CBC, CCP, CRI

Congratulations to Amanda Leitzke, a 225 wpm student at Anoka Tech, who was named the Willard I. Braun Outstanding Student of the Year! She was awarded this high designation because of her independence, commitment, and dedication to school. In addition, Amanda consistently submits the highest quality of work possible.

Her instructors carefully chose the following quote to be engraved on her plaque: “The only person you are destined to become is the person you decide to be.” *Ralph Waldo Emerson.*

Amanda continues to work hard in school, and we all look forward to one day soon when she is added to this amazing profession as a working court reporter or captioner.

The Willard I. Braun Outstanding Student of the Year Award was established in 1983 by the Minnesota Shorthand Reporters Association in honor of Willard Braun’s outstanding contributions to the development of excellence in court reporting education. Willard Braun was cofounder of the Northern Technical School of Business and was one of the pioneers in utilizing CAT technology.

The Willard I. Braun Student of the Year Award recognizes one outstanding court-reporting student in the state of Minnesota who has excelled both academically and in machine skills. The student’s attitude, deportment, motivation, self-discipline, attendance, punctuality, and quality of work are all taken into consideration.

Jennifer Sati is an instructor at Anoka Technical College in Anoka, Minnesota.



Jennifer Sati and Amanda Leitzke

CONGRATS, GRADUATES!



Davis Wille

“I’m going to start per diem work for Dakota County and feel that out. My plan is to become an official reporter.”

Sara Sattler

“Upon completion of my internship, I plan on pursuing a position as an official stenographer in Ramsey County or the First District.”



Tasha Perry

“I will be working as an official reporter in Ramsey County for Judge Stephen Smith. I am ready to begin this wonderful career and see where this unique skill will take me!”

STUDENT PROFILE

By Hanna Magnuson

Name: Hanna Magnuson

School: Anoka Technical College

Speed: 100 wpm

Hometown: Annandale, Minnesota

Tell us a little about yourself. I currently work as a CNC machine operator. I enjoy the job because I like to work with my hands. In my free time, I like to do all kinds of crafty things or read.

What made you decide to pursue a career in court reporting? I attended the A to Z classes that were held at the school. It's a free class for anyone who wants to learn about the machine and see if it's a career they would be interested in. I decided I liked the machine and signed up for classes as soon as I could.

What area of reporting interests you the most at this time-official, freelance, or captioning/CART? I'm really interested in becoming an official court reporter, but we recently covered the freelance segment in class. I'm thinking that might be a close second for me.

What's been the most challenging or rewarding part of your schooling thus far? The most challenging part of my schooling so far has been the balance between work, school, and family. As time goes on, I've been getting better at my time management skills.

Do you know any working reporters or anyone that's been an influence to you? Since I don't know any reporters outside of school, I would say my biggest influencers are my instructors.

If you had an hour of freetime, what would you be doing (besides practicing on your steno)? Catching up on my current favorite shows, The Resident or 9-1-1.

What is your favorite band or type of music? I like all kinds of music, but I mostly listen to rock, specifically new rock, punk rock, or alternative. The band I am obsessed with right now is New Medicine.

What is your favorite food or restaurant? I like sushi, but my favorite restaurant is Red Lobster. I really like their biscuits.

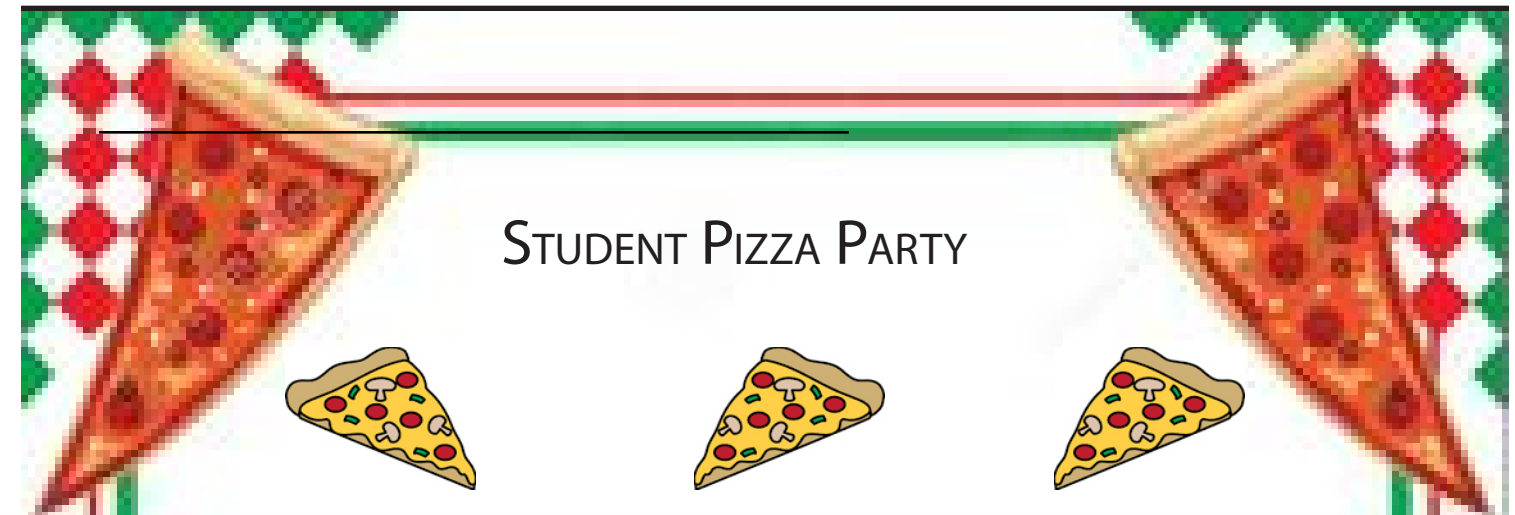
Where is a place you would like to visit? I don't have any crazy travel plans, but I do have some family members in Iowa. I would like to take a trip to visit them sometime.

The last book you read? The last book I have read, and probably the funniest one, is "George Washington is Cash Money" by Cory O'Brien.

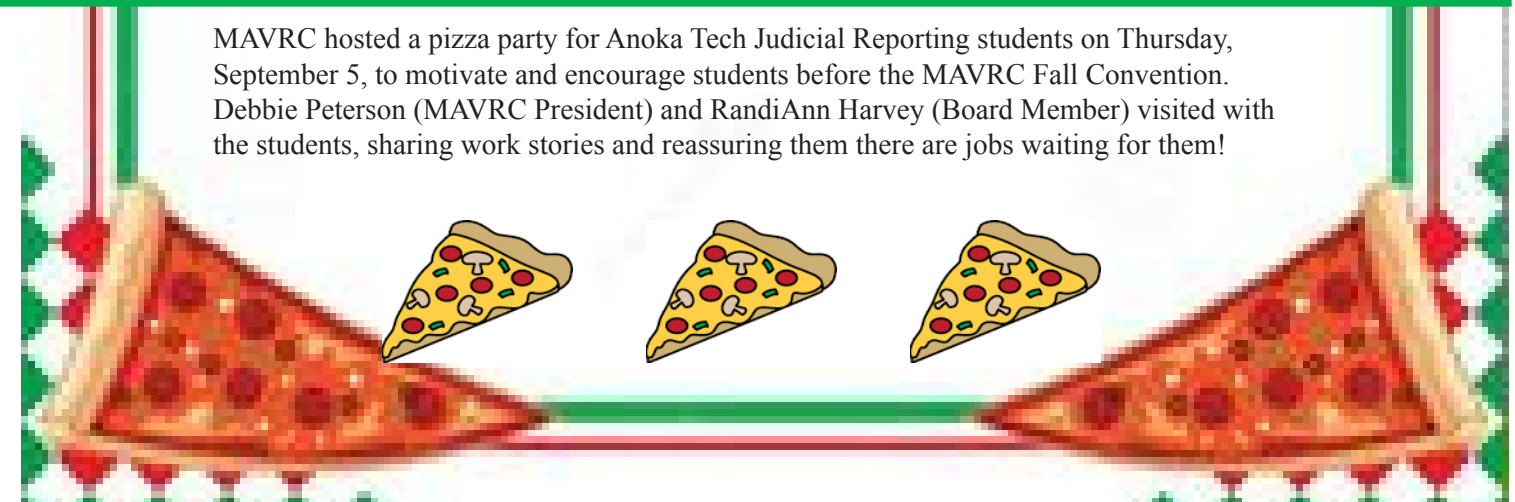
The last movie you watched? The last time I saw a movie was when I went to see the second "It" in theaters. ■



Hanna Magnuson



MAVRC hosted a pizza party for Anoka Tech Judicial Reporting students on Thursday, September 5, to motivate and encourage students before the MAVRC Fall Convention. Debbie Peterson (MAVRC President) and RandiAnn Harvey (Board Member) visited with the students, sharing work stories and reassuring them there are jobs waiting for them!



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Your invitation to attend!

MAVRC Get-Together

Wednesday

**** December 4, 2019 ****

5:30 p.m. to ?

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Christine Clark

chrisclarkzimm@gmail.com or

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Are you retired or retiring soon? Lucky YOU! Please keep in contact with MAVRC!

Did you know you can apply for "RETIRED LIFETIME" status with MAVRC? Your status will be changed in MAVRC's database to retired, and you will keep up to date with what is happening in the organization and your profession. Best thing: It's free! Check out Article III – Membership, Section 4, Retired Lifetime Members, in MAVRC's Constitution and By-Laws for further information.

So MAVRC can stay in touch with you when you retire, email your contact information or any questions to Jolene.Carrow@gmail.com and your information will continue to be in MAVRC's database.

SAVE THE DATE

MAVRC Spring Seminar



April 18, 2020

Anoka Technical College

**Watch for further information
coming soon!**



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Jennifer Sati

JSati@anokatech.edu

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UPCOMING EVENTS

**December
4, 2019**

MAVRC Get-Together
Park Tavern
3401 Louisiana Avenue South
St. Louis Park, MN

**December
12, 2018**

MAVRC Board of Directors Meeting
All MAVRC members welcome
Savage Library
13090 Alabama Ave.
Savage, MN

**December
31, 2018**

Have you renewed your
MAVRC membership?

**February
8-15, 2020**

National Court Reporting &
Captioning Week

**April
18, 2020**

MAVRC Spring Seminar
Anoka Technical College

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